

Thanks for the Memories: Tips & Strategies to Remember



Join Karen Brand, LCSW, Jewish Family Service of MetroWest, for a FREE program on how to improve your memory.

If you've ever had a "senior moment" this program is for YOU.

**Monday, February 22; 1:30 pm
Grover Cleveland Senior Center
1 Provost Square, Caldwell
RSVP: 973 403-0972**