

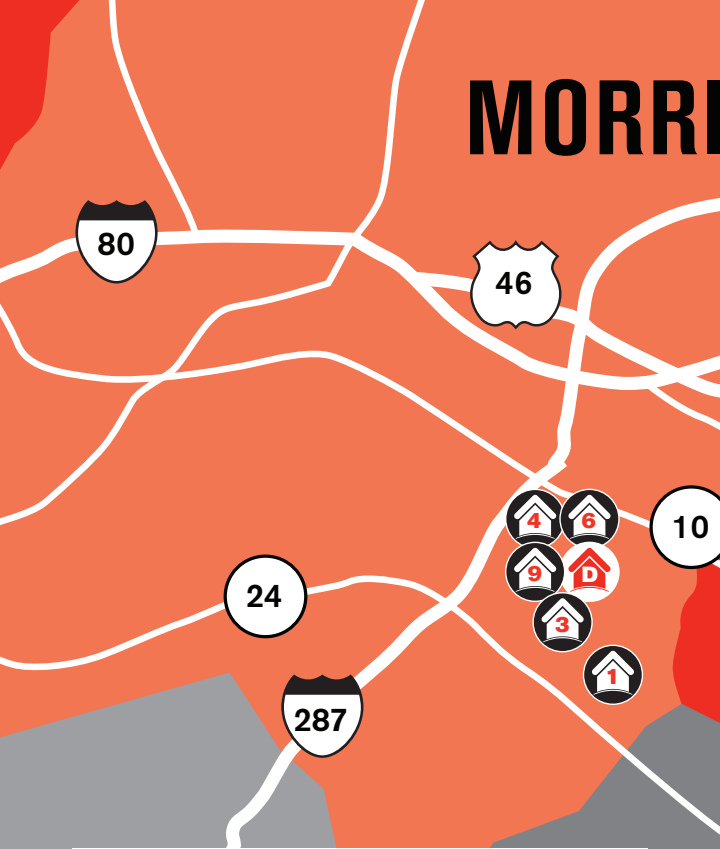


METROWEST



CARES

MORRIS



SENIOR HOUSING KEY:

- A. Federation Plaza Senior Apartments
- B. Village Senior Apartments
- C. B'nai B'rith Federation Housing
- D. Lester Senior Housing
- E. Federation Towers Senior Apartments

AGENCY KEY:

Agencies Participating in MetroWest CARES providing Eldercare Services:

1 = Jewish Family Service (JFS) of MetroWest

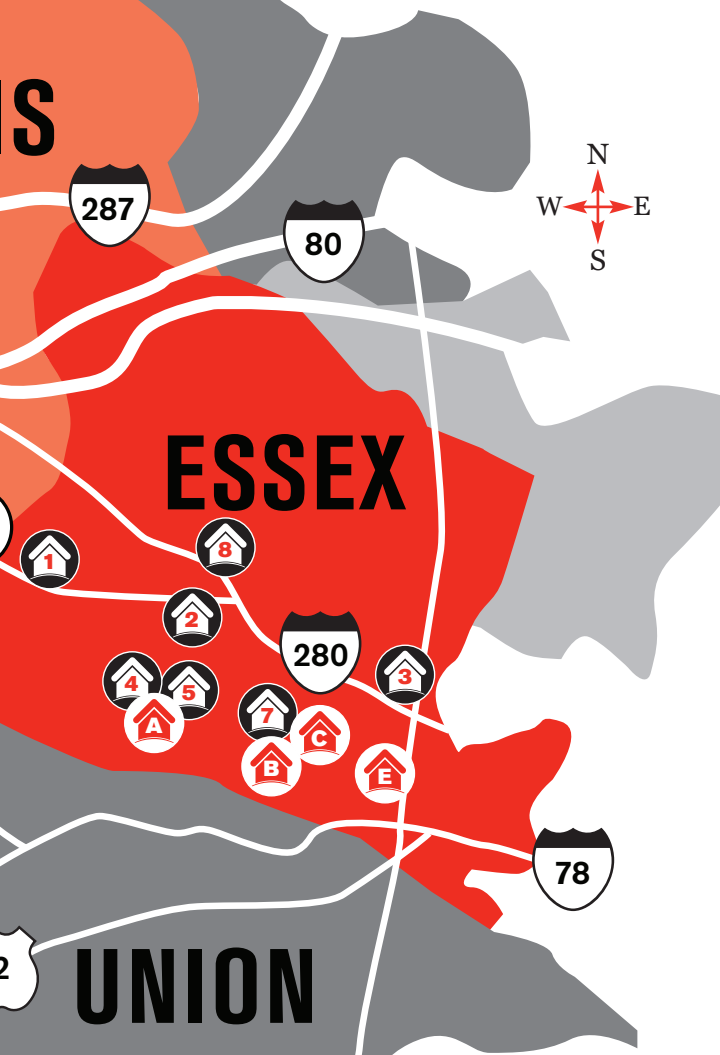
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2 = Daughters of Israel (DOI)

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3 = Jewish Vocational Service (JVS) of MetroWest

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4 = Jewish Community Center (JCC) of MetroWest

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5 = Jewish Community Housing Corporation (JCHC)

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6 = Joint Chaplaincy Committee of MetroWest

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7 = JESPY House

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8 = Jewish Service for the Developmentally Disabled (JSDD) of MetroWest, Inc.

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9 = United Jewish Communities (UJC) of MetroWest NJ

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What is MetroWest CARES (Committee Addressing Resources for Eldercare Services)?

A collaborative effort of United Jewish Communities (UJC) of MetroWest NJ and its agencies to create a continuum of care for the elderly; a comprehensive, consumer-oriented network of services, including physical and mental health care, spiritual health and well being, social and vocational services, advocacy, transportation, and housing.

Overarching Concept: Aging with Independence, Community Engagement, and Dignity

Who is served by MetroWest CARES?

Family caregivers (local and long distance), well-elderly age 60+ (working or retired), older adults who need some help in the home (bathing, cooking, dressing) or within the community (shopping, transportation, housework), more frail elders who require personal assistance in the home, older adults requiring long-term care and skilled nursing care, and targeted older adult populations: Russian speakers, aging parents of people with developmental disabilities, frail and vulnerable seniors, those with very low incomes and those newly at-risk due to the economic downturn, Survivors, and older adults with psychiatric disabilities.

Where do older adults live in MetroWest?

Throughout MetroWest – Essex, Morris, Sussex, and northern Union Counties. In their own homes, in UJC-affiliated options: LIVE communities, JCHC apartments and assisted living, Charles Bierman Home, Daughters of Israel; and other places in the general community including apartments, 55+ communities, continuing care retirement communities, assisted living, and long-term care facilities.





**Jewish Family Service
(JFS) of MetroWest
(973) 765-9050
www.jfsmetrowest.org**



Eldercare Information and Referral Service
(973) 765-9050, ext. 511
elderlink@jfsmetrowest.org

- Geriatric Assessments
- Counseling
- Geriatric Case Management
- Community Education
- Café Europa: The MetroWest Holocaust Survivor Friendship Society
- Holocaust Survivor Support Services
- Hudson County Kosher Nutrition Program
- In-Home Health Care
- HouseCalls: Social Work Services with Medical Support Services
- Caregiver Support Services
- Safety Net Services: Emergency Financial Assistance



Daughters of Israel (DOI)

(973) 400-3300
www.doigc.org

- Long-Term Skilled Nursing and Residential Care, and Rehabilitation Services
- Sub-Acute Short Term Rehabilitation Services
- All Rehabilitation Services provided by Select Medical Rehabilitation Services, an affiliate of The Kessler Institute
- The Healthcare Foundation of NJ Alzheimer's Special Care Unit at Barnhard Pavilion – for people with Alzheimer's Disease and related disorders
- Hospice and Palliative Care Services
- Respite Care and Services
- The Charles Bierman Home, a DOI Residence – senior housing with assistance
- Metro Transport – UJC's community transportation program with DOI as lead agency, serving seniors and disabled adults in the community





**Jewish
Vocational
Service (JVS)
of MetroWest
(973) 674-6330, ext. 228
www.jvsnj.org**

- Home Maintenance Solutions (basic home repair and maintenance)
- Caregiving Companions (non-medical care and companionship)
- Maturity Works (comprehensive job placement services for unemployed and underemployed individuals aged 45 – 85+)
- Life Work Planning
- Creative Maturity Expo (a day of seminars, health screenings, and exhibits)
- Citizenship and Case Management Services for Older Refugees and Immigrants
- Work Center on Aging (vocational rehabilitation, case management, specialized health-related services, social supports, skills training, and job placement services for people with disabilities age 55+)
- Work Activity Center at DOI (vocational rehabilitation and social supports for residents at DOI in West Orange)



Jewish Community Center (JCC) of MetroWest

(973) 530-3480
www.jccmetrowest.org

- Senior Centers – William Margulies Senior Center, a 4-day-a-week program including a subsidized congregate kosher nutrition program and 9 senior satellite centers
- At Leisure – Women, Men, and Couples at Leisure groups meet at the Lautenberg Family JCC on the Aidekman Campus in Whippany
- Life Long Learning – University-level courses on topics ranging from history, the arts, politics, and Jewish-related subjects
- Kosher Nutrition – Congregate kosher nutrition centers at the JCC in West Orange and Irvington. Home delivered meals are provided to the homebound elderly
- New Beginnings – A group for individuals who have suffered the loss of a spouse
- Fitness – Classes and personal training tailored to adults of all ages





Jewish Community Housing Corporation (JCHC)

(973) 731-2020
www.jchcorp.org

- 600 units of housing, including affordable, independent, and assisted living options, at 5 buildings in Morris and Essex County
- Kosher food program for residents and kosher nutrition site which is open to income-eligible individuals living in the community
- Full range of social programs and recreational activities
- Transportation for shopping, museums, shows, and other attractions
- Through a state program available at 3 JCHC buildings, subsidizes frail, elderly individuals who need assistance with housekeeping, personal care, shopping, and meals in order to maintain an independent lifestyle
- Engage in collaborations with fellow agencies to provide additional services for residents including medical care (the HouseCalls Program with JFS)
- Religious services, educational programs, and counseling provided through the Joint Chaplaincy Committee of MetroWest



Joint Chaplaincy Committee of MetroWest (973) 929-3168 casekoff@ujcnj.org

- Professional pastoral/spiritual care and chaplaincy services are provided to all Jewish Community Housing Corporation buildings and religious services are offered in those facilities where they are desired
- Chaplains visit tenants to develop a relationship and assess any individual needs
- Chaplains visit tenants when in the hospital or recovering in rehabilitation facilities
- The Chaplains at DOI and in area hospitals are part of Joint Chaplaincy, providing continuity for those JCHC tenants who are hospitalized or become DOI residents
- Community-based chaplains also visit hospitals and provide professional chaplaincy services to elderly people and their families throughout MetroWest and beyond



JESPY House

(973) 762-6909

www.jespyhouse.org

- Nutrition groups – healthy eating
- Special education teacher who is also a fitness trainer
- Special recreation opportunities as needed
- Health department educational presentations
- New building with an elevator
- Entitlements coordinator
- Day program for clients who retire
- Volunteer placements in the community





Jewish Service for the Developmentally Disabled (JSDD) of MetroWest, Inc.

(973) 325-1494

www.jsddmetrowest.org

- Supervised, supportive residential services, including medical case management and opportunities to stay engaged and connected to the community
- Information and referral
- Enrichment and continuing education opportunities in a range of areas that include wellness (e.g., yoga, Pilates, meditation, nutrition), the arts (e.g., painting, creative writing, poetry, film appreciation, photography), Jewish education, and other areas of life enrichment



**United Jewish
Communities (UJC) of
MetroWest NJ
(973) 929-3193
Eldercare Services
www.ujcnj.org/eldercare**

- UJC staff works with CARES agencies to pursue additional resources and key collaborative efforts, including government advocacy and framing new community ventures
- Activities include coordinating *The A to Z Guide to Eldercare Services*, Eldercare web pages, staff development events, LIVE (Lifelong Involvement for Vital Elders) programming, and monthly *New Jersey Jewish News* eldercare columns, and working in partnership with member agencies on targeted programs related to health promotion, mobility, family caregiving, and more

***Help insure the future of your
Jewish community. Include UJC
MetroWest in your estate plans.***

How is MetroWest CARES supported?

CARES receives grant funding from the Healthcare Foundation of New Jersey, UJC, and the federal Administration on Aging. The Wallerstein Foundation, Jewish Community Foundation of MetroWest, Grotta Fund for Senior Care, and the State of New Jersey also have supported CARES programs.

Services delivered through CARES agencies are funded through government contracts (Older Americans Act, Division of Vocational Rehabilitation, Department of Labor, and others), fees for service, Medicare and Medicaid reimbursements, insurance and managed care reimbursements, private donors, private service contracts, endowment funds, Claims Conference survivor reparations, local United Ways, and UJC allocations.

For more information on MetroWest CARES,

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(973) 929-3193



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COMMUNITIES

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