



New Services Coming to Parsippany for residents 60+

Home Maintenance and Repair: Contact JVS Home Maintenance Solutions at 973-674-2415, ext. 296 to schedule an appointment with a handyman specializing in working in seniors' homes. Services may include: installing grab bars, handheld shower heads and non-slip decals; flipping mattresses; installing or repairing railings; changing light bulbs and smoke detector CO/batteries; fixing doorbells; removing clutter; and hanging curtains. Safety checks and assessments are also available. Parsippany residents are eligible for one free visit. (\$5 donation requested.) Non-residents may use this service for a fee.

Social Work Services: Karen Brand, a Jewish Family Service social worker, is at the Parsippany LIVE office every other Tuesday to offer counseling and case management services as well as information and referrals to community resources. She can also discuss benefits and entitlement eligibility. Visits can be arranged for homebound residents. Please call 973-263-7043 for an appointment or more information.

**Questions? Contact the
Parsippany LIVE office at
1130 Knoll Road
Lower Level
973-263-7043**



TAKE ADVANTAGE OF PARSIPPANY LIVE'S ONGOING PROGRAMS

- Employment Services
 - Volunteer Opportunities
 - Health and wellness activities including yoga, Healthy Bones, T'ai Chi and walking clubs
- Details for these and other programs can be found on the monthly Parsippany LIVE calendar

United Jewish Communities of MetroWest New Jersey serves as lead agency for Parsippany LIVE. Partners include: Jewish Family Service of MetroWest, JVS - Jewish Vocational Service of MetroWest, VMC - Volunteer Management Center, Inc., Daughters of Israel, JCC MetroWest, the Morris County Division on Aging, RSVP-NORWESCAP and the Township of Parsippany - Troy Hills.